



Name: _____

DOB: _____

Patient History and Questionnaire

Onset of Cognitive Decline	_____	Evidence of Leaky Gut?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Family History of Dementia?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Tremor at Rest?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Have you been diagnosed with Diabetes?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Difficulty Looking Up or Down?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Simple Carbohydrates in Diet?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Headaches?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Depression?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Loss of Sense of Smell?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Episodes of Aggressive Behavior?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Alcohol Use More Than 1.5 Drinks Per Day?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Concussions?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Exposure to Mitochondrial Damaging Agents?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Head Trauma?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Neuroactive Medications?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Vomiting After Head Trauma?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Atrial Fibrillation?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Loss of Consciousness?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Emphysema or Bronchitis?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Alcohol Related Withdrawal or Seizures?	<input type="checkbox"/> Yes <input type="checkbox"/> No	History of Herpes?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Illicit Drug Use?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Positive Lyme Disease Test?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Anti-Testosterone Medication?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Anesthesia After 40 Years Old?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Heart Attack or Angina?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Anesthesia After 40 Two Or More Times?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Hypertension?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Mold Exposure?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Peripheral Vascular Disease?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Poor Oral Hygiene?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Hysterectomy Before 41?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Presence of Dental Amalgams?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Hysterectomy Before 52?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Presence of Root Canals?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Lyme Disease or Tick Bite?	<input type="checkbox"/> Yes <input type="checkbox"/> No	More Than 3 Dental Amalgams?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Meningitis?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Sleep Less Than 7 Hours/Night?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Personal History of Cancer?	<input type="checkbox"/> Yes <input type="checkbox"/> No	New Late Sleeping Patterns?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Arthritis?	<input type="checkbox"/> Yes <input type="checkbox"/> No	REM Behavioral Disturbance?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chronic Fatigue?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Sleep Apnea or Hypopnea?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chronic Sinus Problems?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Problems Calculating?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Daytime Sleepiness?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Problems Reading?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Failed Visual Contrast Sensitivity Test?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Problems With Finding Words?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Chemical Sensitivity?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Problems With Organizing?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Ice Pick Pains?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Problems With Recognizing Faces?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Snoring?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Saying Inappropriate Things?	<input type="checkbox"/> Yes <input type="checkbox"/> No
History of Vertigo?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Delusions?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Rapid Cognitive Decline (weeks/months)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Apathetic Attitude?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Gluten Sensitivity?	<input type="checkbox"/> Yes <input type="checkbox"/> No	History of Passing Out?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Consumption of Seed Oils?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Loss of Empathy?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Constipation?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Stealing Items?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Evidence of Leaky Blood-Brain Barrier?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Visual Hallucinations?	<input type="checkbox"/> Yes <input type="checkbox"/> No